


RE-ENERGIZE.  
REVITALIZE.  
RELAX.  
REDEFINE.

MEMBERSHIP



**U.S. BANCORP**  
CENTER FITNESS



**About us:** At USBC Fitness Center, we offer the finest equipment, classes, educational support, and personal training to help members achieve their goals. We are passionate about health and fitness. Reach your personal best and have fun doing it. With our convenient location, it's easy to work out and to relax.

## How do I enroll?

### Step 1. Create an Account

- Visit <https://clients.mindbodyonline.com> and use site ID USBC. Then click “Looking to book a service?” to get to the home page.
- Enter your email address in the Create an Account box.
- Enter your information on the Create an Account page.
- Read and agree to the liability waiver at the bottom of the page.

### Step 2. Select and purchase your membership

- Click on the Online Store tab.
- Select Memberships.
- Choose your membership type from the drop down menu.
- Note: Fitness Center membership includes golf simulator and mother's room reservations.
- Agree to the membership terms, if applicable.
- Click Make Purchase, Check Out, and Place Order.

### Step 3. Enjoy your membership!

- Download the USBC Fitness Center app via the App Store (iOS)<sup>™</sup> or Google Play Store<sup>™</sup> or by scanning the QR code on the last page. Log in using your MINDBODY credentials for easy scheduling.





## Membership

Fitness center membership is open to all tenants of U.S. Bancorp Center at 800 Nicollet Mall.

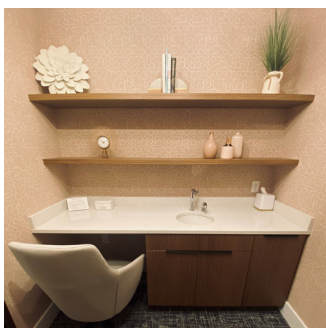
- Membership fees: \$35/month + tax.
- Monthly auto-bill on your credit card via MINDBODY.
- Golf Simulator & Mother's Room are free to all tenants of the building.

## Services

- Group exercise classes
- Fitness and body composition testing
- Equipment orientation
- Towel service
- State-of-the-art equipment
- Professionally trained on-site fitness staff
- Personal training consultation
- Golf simulator
- Mother's room

## We also offer

- Personal training at an additional fee. One-on-one training, buddy sessions and small group training available.
- Golf lessons at an additional fee. One-on-one or group sessions available.
- Stretch breaks/seminars for you and your team during meetings/events.





## Hours of Operation

### Monday - Friday

5:00 a.m. - 9:00 p.m.

### Staffed Hours

#### Monday, Wednesday, Friday

7:00 a.m. - 3:30 p.m.

#### Tuesday, Thursday

9:00 a.m. - 5:30 p.m.

Closed weekends and  
company-recognized holidays.



**For questions and concerns,  
please contact**

USBCFitnessManager@piedmontreit.com  
612-852-5511.

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